



FOR IMMEDIATE RELEASE

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"LESSONS IN LIFE"

CARITAS 21ST ANNUAL TOGETHER EVENT

Caritas Project is hosting its **21st Annual Together Event Dinner** on Sunday October 18th, 2009 at 4 PM. Witness inspirational stories of despair and hope, enjoy a warm family environment, and lend a hand to make our community a better place to live in. Caritas staff, supporters, volunteers and friends, as well as our residents and their families, unite for an evening of awareness and reflection. This year we are pleased to announce **His Grace, Most Reverend Thomas C. Collins**, Archbishop of Toronto, as our guest speaker.

Through this event Caritas will launch and showcase its prevention and community awareness efforts by introducing a media intensive public education initiative titled **Lessons in Life**. Inspired by and based on the invaluable wisdom drawn from the Caritas Therapeutic Community, including our graduates, residents and their families, **Lessons in Life** endeavours to show how every mistake can be an opportunity to learn and can become an important step in the journey of life.

Caritas is a "school of life." Caritas Project, born over two decades ago, operates as a charitable organization and continues to provide the therapeutic, non-medical structure that many have searched for in the battle against addiction and mental health. Caritas Project offers long-term residential and day programs which provide its clients with an opportunity to restructure their lives and re-enter the community. Open to all walks of life, Caritas uses a multi-dimensional approach (known as the Therapeutic Community) by combining the structures of family and community, physical labour (work therapy including farm work), education and spirituality to help the dependant individual re-adjust to life. Caritas' residents leave the program with a new appreciation for life and the ability to overcome its obstacles...without a crutch.

Caritas is currently seeking the necessary funding to sustain and deliver quality educational programming, through sponsorships, as well as public and private contributions. Please contact our offices at 416-748-9988 if you would like to help.

Event Details:

Caritas 21st Annual Together Event

October 18, 2009

Event Location: Le Jardin Event and Conference Centre

8440 Highway 27, Woodbridge, Ontario

Reception 4:00pm Dinner 5:30pm

Tickets: \$85 per person

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